



## Training Information

**Chelsea Yacht Club – Longbeach Sail Training Centre** – offers a range of training programs throughout the year to suit all levels of experience and ages.

*Chelsea Yacht Club – Longbeach Sail Training Centre aims to:*

- 1. provide a rewarding, enjoyable and safe introduction to being on the water and*
- 2. increase the number of participants in the club's sailing programs*

As an accredited Yachting Australia Training Centre (YATC), training complies with the safety and teaching guidelines of Yachting Australia including the use of qualified Yachting Australia (YA) instructors.

The centre also complies with the Victorian Government's 'Working with Children' legislation and staff and volunteers are screened for their suitability to work with children.

Trainees are encouraged to extend their skills and knowledge by joining the clubs racing program or by working on the rescue boats or in the race control tower.

Experienced club members are always ready to assist and offer advice to newcomers.

Trainees are full club members and welcome to use the club's facilities and enjoy its social life on and off the water.

### **Welcome to Chelsea Yacht Club – Longbeach Sail Training Centre.**

Places on course are limited and in demand so make sure that you contact the centre Coordinator Jim McAlinden for a registration form or download one from the clubs website! and lodge it ASAP. First in best dressed!

### **Please note the following:**

- ◆ **Registrations are on a first in best dressed basis – places are limited**
- ◆ **All registrations **MUST BE** completed and be with the Centre coordinator prior to each course starting date. Registrations can be posted to the coordinator at the club address or contact the coordinator to arrange a time to meet at the club**
- ◆ **Participants must be financial 'sailing' members of Chelsea Yacht Club and hold YA silver card membership**
- ◆ **Payment of course fees must accompany registration form**
- ◆ **Personal information/Health Forms must be provided on the first day of the course beginning**
- ◆ **Participants and parent/carer must attend each course briefing and information session held at the beginning of each course**
- ◆ **A waiting list will be applied in the order of registrations received**
- ◆ **Signing ON and OFF by parents will be strictly monitored – parents/carers are especially advised to assist us in this matter by ensuring they adhere to the signing in /off policy**

**Chelsea Yacht Club – Longbeach Sail Training Centre** programs are managed and conducted by a dedicated team of qualified volunteers.

Valuable help and assistance from parents is expected at the beginning and end of sessions, in lifting, carrying boats and gear on and off the racks.

Many experienced club members also give their time generously, maintaining the club's fleet of training boats and with the vital job of crewing the safety/rescue boats.

The Club has a fleet of sailing dinghies available for training purposes;

- 11 Pacers [4 metres long and carrying two crew]
- 4 Sabots [2 metres primarily single crew]

Increasingly trainees are encouraged to purchase their own craft and race in the club racing program. Pacers, 125's, sabots and minnows are the current craft that Chelsea Yacht Club encourages trainees to consider as their craft.

Most training is done in the Pacers because they are large enough to carry two crew and an instructor. The single crew Sabot is available to the younger trainees who may find the pacer over powered.

Please note that **TRAINING IS ON EACH WEEK**, regardless of the weather. We constantly monitor the weather and sea conditions and if unsuitable we will concentrate on theory sessions on the beach or in the clubhouse. All courses have a theory component which must be completed along with the practical elements in order for the trainee to complete the course and receive their certificate. With this in mind, we ask when you are booking, that you commit to attending the whole course, i.e. start on time and staying to the end of each session.

Unless otherwise notified, sail training courses **start at 8:30 and finish at 12:30**. Arrive early and be ready to start on time!

Trainees are also encouraged to participate in club racing on Saturday afternoons. We encourage the more experienced trainees to match up with junior trainees to race in the Pacers, or members own boats, in the afternoon racing sessions.

### **What to bring**

- ◆ A towel and complete change of WARM clothes
- ◆ A WETSUIT under a windproof jacket
- ◆ OR WARM Clothing. Clothing needs to be of a type that will provide good insulation when wet.
- ◆ A sun top or 'rashy' under a tee shirt under a wool jumper under a windproof jacket is a good combination.
- ◆ Sunscreen
- ◆ Life Jacket - PFD 1 (can be borrowed from the club for Level 1 and 2 trainees)
- ◆ Hat
- ◆ Old runners or wetsuit booties. (Bare feet not allowed)
- ◆ Sunglasses
- ◆ Water bottle

**For more information (e.g. policies additional info etc) call:**

**Jim McAlinden on 9512-1514 or 0400 267 894 or email: [training@chelseayachtclub.com.au](mailto:training@chelseayachtclub.com.au)**

**Paul Cappy on 9772-9507 or 0418-531-112**

**James Robinson on 9802-5191 or 0419-609-323**